

Wrapping It Up

Sharing the Gift of Reflection and Action

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May 26, 2017



Theme: Growing Stronger

What do we mean when we say Growing Stronger?

The lens we used to explore this – for a current TR practice area or topic, how are we growing stronger using it or practicing it?

- How has current TR practice grown stronger?
- What are we noticing? What are some indicators that demonstrate TR growing stronger?

Growing Stronger



- Use a national focus & the CTRA conference as the place to collect data
 - Conference program and session descriptions
 - Delegates at the conference

- Time Frame
 - Examined the conference program from 5 years ago and the present: CTRA 2012 and 2017 Conferences

- Looked at topics presented, what were the differences, similarities; can we detect a change, growth

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Growing Stronger



CTRA Conference Program

Indicators	2012	2017
Total # Research Studies – both sessions & posters	9	23
Research Studies done by Students or with Students	4	19
Sessions explicitly using & referring to “evidence-based practice” or “based on research” as the basis for the program/intervention/initiative	12	16

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Theme: Growing Together



- **Growing**
 - Definition: becoming larger or greater over a period of time; increase
 - Synonyms – developing; expanding; flourishing; spreading; thriving; germinating; maturing; budding

- **Together**
 - Definition: with or in proximity to another person or people
 - Synonyms – collaboratively; collectively; jointly

Theme: Growing Together



- What do we know in TR about working “together”?

- Willingness and openness to embrace other perspectives
- Openness to expand
 - New markets,
 - New partnerships,
 - New settings

- Interesting and innovative questions in research that are expanding TR into other areas

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Theme: Growing Together



- What I’ve heard over the past 3 days. . .

- New Markets

- New Partnerships

- New Opportunities

- Ongoing

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Theme: Growing Together



- What you've said over the past 3 days..
 - Collaboration
 - Networking
 - Research
 - Exploration
 - Education
 - Partnerships
 - Awareness

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Growing Together: What You Said



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Theme: Into Our Future



Where do you see yourself next year?

Where do you see the TR profession next year? next decade?

TAKING ACTION

- The process of doing something to achieve an aim; an act

Into Our Future: What You Said



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Into Our Future: Key Themes



Mentorship and Service

- Find a mentor in the field to build my practice
- Provide internship and practicum opportunities at my site
- Serve as a board or committee member at the local, provincial, or national level
- Develop communities of practice and working groups

Research and Scholarship

- Reflect on your practice daily; ask why
- Read current journals and seek out evidence related to your practice area
- Use evidence to inform decision-making in your practice
- Consider gaps that exist in the literature; and where you could provide answers
- Develop research capacity in your workplace; collaborate

Certification and Standards

- Sign up for continuing education and webinars
- Encourage practitioners to look towards certification

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IF YOU THINK YOU'RE
TOO SMALL TO MAKE A DIFFERENCE,
TRY SLEEPING IN A ROOM
WITH A MOSQUITO.

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Thank you

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