

**Presentation Title:** A Service Learning Approach: Aligning Douglas College’s Strategic Plan while Engaging Local Communities

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### Three Initiatives, Three Goals:

1. Provide Undergraduate Students (US) opportunities to refine applied skills using authentic target populations
2. Allow US to navigate relationship development opportunities with various community-based groups
3. Provide community-based groups with needs-based services otherwise not easily accessible without the partnership

Sport Science (SPSC) and New Westminster Home-Learners Association (ongoing since Fall 2008)  
 Course: [SPSC 3399 Games Approach to Teaching and Coaching Sport](#)

#### Key Lessons Learned

1. Align goals with home-learners (H-L) school board’s goals
2. Not appealing for sport-focused H-L and parents
3. Manage the numbers of US and H-L individuals in limited space  
 (Storey & Lunn, 2009)

SPSC and Public School Teachers from École Qayqayt Elementary (ongoing since Fall 2009)  
 Course: [SPSC 4199 Physical Education and Coaching Methods](#)

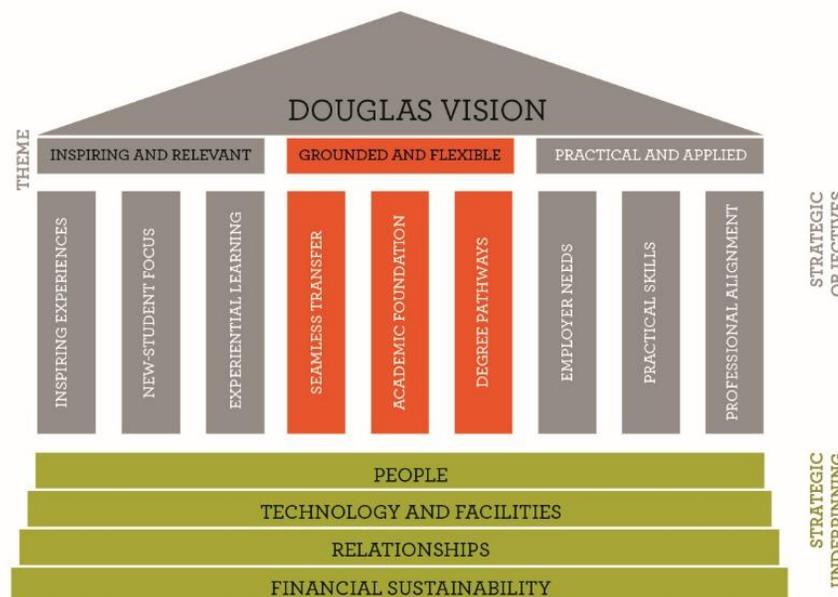
#### Key Lessons Learned

1. Work with one teacher and ensure school administrative team on board
2. Create activities that current teachers have barriers to leading because of budget limitations
3. Use the relationship between current teachers and US to present authentic, critical feedback on the instructional lessons

SPSC and New Westminster Minor Hockey Association, Bantam A1 Hockey Team (pilot Fall 2015)  
 Course: [SPSC 4161 Fitness Assessment and Prescription](#)

#### Key Lessons Learned

1. Reliable, invested fellow US are key to coordinated fitness testing data collection
2. Work to align goals between lead US and head coach of hockey team
3. Responding appropriately when the “plan” is derailed by unforeseen circumstances



## References

Douglas College Strategic Planning Advisory Group and Senior Management Team. (2015) *Strategic Plan 2015-2020*. Retrieved from:

<http://www.douglascollege.ca/~media/07D6D39142AD4ED8A98503E7E2908C80.ashx?la=en>

Storey, B. & Lunn, E. (2009). Learning TGfU and instructional skills in a complex environment: Undergraduates teaching games to homelearners. In T.

Hopper, J. Butler, & B. Storey (Eds.), *TGfU... Simply Good Pedagogy: Understanding a Complex Challenge*. Ottawa, ON: Physical and Health

Education Canada.

**Abstract:** Douglas College is a student first Canadian community college committed to fostering an environment in which students develop a passion and purpose through their academic program. The Sport Science Department embeds experiential, service learning within a number of classes across our Diploma and degree to enable students' development into empathetic, critical thinkers. Our Department has created relationships with various community groups in order to meet their needs while facilitating and enriching student learning. This session will highlight the following work of our students: the implementing of Teaching Games for Understanding strategies for home learners; the planning and teaching of fundamental movement skills and movement education to elementary students in public schools; and the provision of fitness testing to local Bantam minor hockey players. Faculty and students have coordinated these approaches to align with the Douglas College 2015-2020 Strategic Plan and to inspire students to develop their own networking and innovation strategies.